



Saruni Lodges Health Precautions: Advice for Agents & Clients

What health precautions should be taken?

The guest should consult a Travel Doctor, GP or Practising Nurse at least 6-8 weeks in advance of travel, who can assess particular health risks and recommend vaccines and /or antimalarial tablets accordingly. Saruni/Old Boma Ltd. cannot offer general medical advice in place of a medical professional.

- **Yellow fever vaccination** is not compulsory in order to enter Kenya and yellow fever in itself is not a major threat, but we advise the guest to ask his/her doctor about the need for a yellow fever vaccination. If guests are travelling on to a destination or returning home following a visit to Kenya, they may be asked to present a valid Yellow Fever Vaccination Certificate on arrival, having declared they have just visited or travelled from Kenya.
- When travelling, **hepatitis** is always a concern and we advise the guest to ask his/her doctor about the need for an A-type vaccination, it lasts for ten years and will give peace of mind.
- **Malaria Prevention**

Saruni Mara

- Saruni Mara is located at 6,000 ft. and is considered malaria-free (not mosquito-free).
- Mosquito nets are still provided in each room as a precaution.
- Guests should still eliminate any risk by keeping arms, legs and feet covered as much as possible after dusk (long, light-coloured sleeves and trousers are best) and cover exposed skin with a strong repellent.
- Mosquito repellent spray is provided in the rooms.
- Mosquitos can be encountered during the safari, or during transit in Nairobi, but they are rare at the lodge, especially at night.
- It is always better to consult a doctor and be given personalised advice.

Saruni Wild

- Saruni Wild is located at 6,000 ft. and is considered malaria-free (not mosquito-free).
- Mosquito nets are still provided in each tent as a precaution.
- Guests should still eliminate any risk by keeping arms, legs and feet covered as much as possible after dusk (long, light-coloured sleeves and trousers are best) and cover exposed skin with a strong repellent.
- Mosquito repellent spray is provided in the rooms.
- Mosquitos can be encountered during the safari, or during transit in Nairobi, but they are rare at the lodge, especially at night.
- It is always better to consult a doctor and be given personalised advice.

Saruni Samburu

- Saruni Samburu is a low risk area due to low population density.
- Mosquito nets are still provided in each room as a precaution.
- Guests should still eliminate any risk by keeping arms, legs and feet covered as much as possible after dusk (long, light-coloured sleeves and trousers are best) and cover exposed skin with a strong repellent.
- Mosquito repellent spray is provided in the rooms.
- Mosquitos can be encountered during the safari, or during transit in Nairobi, but they are very rare at the lodge, especially at night.
- It is always better to consult a doctor and be given personalised advice.

Saruni Rhino

- Saruni Rhino is a mid-risk area due its location and surrounding environment.
- Mosquito nets are provided in each banda for use during the day and evening.
- Mosquito repellent coils are burned in the bandas and common area from dusk onwards.
- Guests should eliminate any risk by keeping arms, legs and feet covered as much as possible after dusk (long, light-coloured sleeves and trousers are best) and cover exposed skin with a strong repellent.

- Mosquito repellent spray is provided in the bandas.
- Mosquitos can be encountered during the safari, or during transit in Nairobi, so precautions should be taken.
- It is always better to consult a doctor and be given personalised advice.

It is the responsibility of all guests to ensure they have taken the necessary medical advice and are fully insured for medical emergencies. Saruni/Old Boma Ltd cannot be held responsible for any illness occurring while they are on the properties nor while travelling to and from the properties.